

New York State YMCA Youth And Government

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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Committee Assignment: Senate Freedom 3 Bill #:SF-23

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An Act To

Amend section §3210 of NYS Consolidated Education Law to add physical and mental sickness days excused from school.

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The People of the State of New York, represented in the Senate and Assembly do enact as follows:

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Purpose

The bill will grant students excused absences from school on the basis of physical or mental illness.

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Summary of Provisions

- 16 Section 1
- 17 <u>Excused absence:</u> any occasion in which a student misses school and may make up 18 work from classes missed.
- 19 Illness(mental): a condition that affects a person's thinking, feeling, or mood.
- 20 <u>Illness(physical):</u> an unhealthy condition of the body.

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Section 2

Section 3210

1. c. In the event that a person requests the release of a minor required by the provisions of part one of this article to attend upon instruction, the identity of such person shall be verified against a list of names provided by the person or persons in parental relation to the minor, as defined in section two of this chapter, at the time of such minor's enrollment. The school district may adopt appropriate procedures for the purpose of submitting a list of names at a later date or updating the list of names provided by the person or persons in parental relation. If such person is identified as one of those persons included on such list, such minor may be released from attendance. If such person is identified as a person not included on such list, such minor may not be released except in the event of an emergency as determined in the sole discretion of the principal of the school, or his designee, provided that the person or persons in parental relation to the minor have been contacted and have agreed to such release. A school district may presume that either parent of the student has authority to obtain the release of said minor unless



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the school district has been provided with a certified copy of the legally binding instrument such as the court order or decree of divorce, separation or custody which provides evidence to the contrary. No situation shall be deemed an emergency until the facts of such situation have been verified by such principal or his designee. No civil or criminal liability shall arise or attach to any school district or employee thereof for any act or omission to act as a result of, or in connection with, the duties or activities authorized or directed by this paragraph. The foregoing procedure shall not apply to release of a minor pursuant to the protective custody provisions of the social services law and the family court act.

- d. Absence for any of the below reasons shall be excused by the school for up to three days per marking period:
 - (i) Physical or mental illness
 - (ii) Any other reason deemed fit by the school district

Justification

This bill is important because nearly half (49%) of high school students reported feeling extreme stress on a daily basis (NYU Study). Excessive stress can lead to lifelong illnesses such as auto-immune disorders. To reduce the stress, letting students take mental health days would greatly allow them to catch up on work and manage their time. Moreover, in the United States, almost half of adults (46.4 percent) will experience a mental illness during their lifetime. It would give a substantial opportunity for those with mental illness to thrive in the school atmosphere by taking a day off when needing to recalibrate. This bill will also promote openness in regard to mental health, helping millions of students who struggle with it find aid more easily. Fighting mental illness is an important step for modern society, and it begins at the school level, helping students succeed.

Fiscal Implications

There are minimal fiscal implications for this bill due to the fact that changing attendance has no monetary cost.

Enviornmental Implications

There are minimal environmental implications to this bill.

Effective Date

This bill will go into effect on July 1st, 2020.