



# 2018 New York State YMCA

## Youth And Government

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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Committee Assignment: Senate 4

Bill #: S-26

1 **Sponsors:** Ryan Telese, Grace Tenke, Jason Ventura, Alyssa Wozlonis

### 2 3 **AN ACT**

4  
5 **TO:** Issue a body fat percentage cap for all NYS police officers serving in the field.

6  
7 *The People of the State of New York, represented in the Senate*  
8 *and Assembly, do enact as follows:*

#### 9 10 **PURPOSE:**

11 We introduce this bill to serve as a method of maintaining fitness standards within  
12 New York State Police Department's by regulating officer's body fat percentage. In  
13 doing so, we hope it will ensure the safety of the citizens whom the police pledge to  
14 protect.

#### 15 16 **SUMMARY OF PROVISIONS:**

17 Section 1: Definitions

18  
19 **Police officer:** An employee of a police force.

20  
21 **Body Fat percentage:** Amount of (essential and storage) fat a person's body  
22 possesses divided by the total mass of the body, times one-hundred.

23  
24 Section 2: Actions

25 (1) Currently employed Police officers will not be required to adhere to this bill's  
26 mandates.

27 (2) Individuals with intent of becoming New York State police officers must  
28 achieve and adhere to the corresponding body fat percentages during the entirety  
29 of their employment.

30 (3) The standards will be adopted from the pre-existing Physical Readiness  
31 Program currently in use by the United States Navy.

32 (4) The body fat percentage of officers will be calculated annually on dates  
33 chosen at a department's discretion

34 (5) If upon Calculation, an officer does not meet the current requirements,  
35 he/she is obligated to achieve the standards by the the time of following annually  
36 scheduled test.

37 (6) If the standards are not met by the second consecutive test, the officer will  
38 be either fired or put on a leave of absence at their department's discretion.

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1 **PROPOSED STANDARDS:**

2 **Gender**

3

	<b><u>Age</u></b>	
	<b>18-39</b>	<b>40+</b>
4 <b>Male</b>	22%	23%
5 <b>Female</b>	33%	34%

6

7

8 **JUSTIFICATION:** Many New York state police officers have fallen out of shape  
9 since their admittance to the force. While serving, police officers are required to do  
10 weapons and equipment training annually or biannually, but the same is not being  
11 done with their physique. The provisions of this bill aim to gradually control, and  
12 lessen the poor health found within the New York State Police Force and to diminish  
13 the serious health conditions that come with it. Once implemented, officers will be  
14 guided to lead healthier and stronger lives, and as a result, it will ensure safety  
15 upon many citizens as they will be much more healthier and physically capable to  
16 protect citizens from various threats.

17

18 **FISCAL IMPLICATIONS:**

19 The money required to implement this annual test will be taken out of budget of the  
20 individual departments across the state.

21

22 **EFFECTIVE DATE:**

23 This bill shall go into effect at the beginning of the next year following its passage.  
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25  
26  
27